

# Professionally Speaking



## News and Information for Members of The Professional Group

35 Years of Women Making a Difference in Business and the Community  
“Grow With Us”

1982-2017

The purpose of The Professional Group is to provide women of diverse professions with opportunities for building relationships and networks of personal and business associations through informative monthly presentations, professional development programs, educational and social activities, and philanthropic endeavors.

**APRIL 2017**

**Tuesday, April 4, 2017 NETWORKING MEETING**

**Bring a First-Time Prospective Member/Guest for Free!**

**“Growing Your Business through Strategic Alliances”**

*Facilitated by Annette Monks*

*President of Carlton Staffing and Carltech.*



*TPG’s theme this year of “Grow With Us” will guide the program as we focus on how to use our networks to grow our businesses. Bring plenty of business cards with you and plan to walk away with a minimum of two techniques you can put into practice immediately to increase your referrals for new business!*

*Join us at the April 4 Networking Meeting and learn how we can grow together.*

Meetings are held at **The Junior League, 1811 Briar Oaks**, on the **first Tuesday of each month** except as otherwise scheduled. Join us for a breakfast buffet and conversation at **6:45 a.m.** Free parking is available in the attached garage. As a courtesy to our speaker and others in the audience if you have to leave early, please sit at a table in the back of the room during the breakfast meeting. *Professionally Speaking* is distributed monthly by The Professional Group for its members and current guests. All submissions to the TPG Newsletter need to be sent in a Word document to **Kim Jenkins, VP/Newsletter**, [kjenkins@bentransact.com](mailto:kjenkins@bentransact.com) by the due date—always the Thursday following the Breakfast Meeting. Please mention TPG in the subject line. *The deadline for submission of articles and advertising for the May 2017 newsletter is at 5:00 p.m. on Thursday, April 6, 2017.* *Professionally Speaking* is designed and published monthly by **Vicki S. Henrichs of Henrichs Publishing.** Contact [vicki164@yahoo.com](mailto:vicki164@yahoo.com) Visit the site [www.letterwise.net](http://www.letterwise.net)

# President's Message

## *Grow With Us*

*More than 1.5 million Houstonians are impacted each week in some way by Houston Public Media (HPM) – either through TV 8 or KUHF News 88.7 and including NPR. That's an impressive number for media that is not commercially funded. Houston Public Media has grown on 60 years of success with TV 8's distinction as the nation's first educational public television station.*

*I, for one, remember relying on Sesame Street programming to entertain my children for a while each day as they were growing up. Who doesn't know the characters of Cookie Monster, Oscar the Grouch and Big Bird? While my daughters are all grown now, Sesame Street is still evolving and entertaining children today.*

*Our March meeting speaker, Lisa Shumate, Associate Vice President and General Manager of Houston Public Media, told us many interesting facts about HPM but one in particular that struck me was their newest benefit for members, KUHT TV 8 Passport, which offers extended access to an on-demand library of quality public television programming online.*

*As an active member with an annual, tax-deductible contribution of only \$60, I can catch up on one of my favorite programs, Victoria, anytime I want and support a true MASTERPIECE, Houston Public Media!*

*TPG's theme this year of Grow with Us will guide the program for the April 4th meeting. So many members have asked through our end-of-year surveys for more networking opportunities. We heard you and our VP of Networking, Teresa Doyle, has designed a fabulous program open to members and free to first time guests in order to network with as many friends and potential new members as possible. Titled "Growing Your Business through Strategic Alliances," the meeting will be facilitated by subject-matter expert Annette Monks, President of Carlton Staffing and Carltech.*

*Bring plenty of business cards with you and don't miss April 4th — it promises to be fun and informative and it has the potential to help you grow your business and your friendships. See you then!*

*Warmest wishes,*

*Lynda Broussard*

*TPG 2017 President*



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## The Professional Group 2017 Board of Directors

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### *A Reminder from the TPG Caring and Concerns Group*

The Chair for the Caring and Concerns Committee, a sub-committee of Philanthropy, is

**Kim Jenkins**

She can be reached by email at

[tpgcaring@yahoo.com](mailto:tpgcaring@yahoo.com) (checked daily)

If you need assistance, or

if you know a member who may have a need, please let her know.



# Let's Get Healthy.... Life is why!

April 1 is National Walking Day. Be Happy, Healthy & Happy.

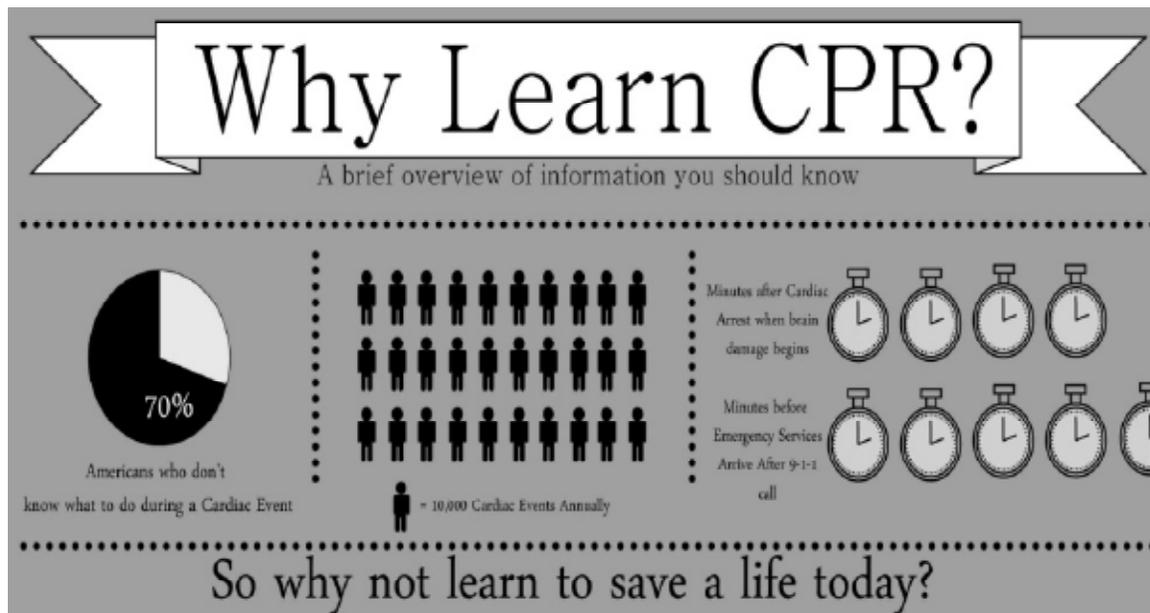


National Women's Health Week begins on Mother's Day. Let's prepare together....

TPG's EDUCATION COMMITTEE is offering an American Heart Association CPR/First Aid Training on SATURDAY, APRIL 29th.

The cost of class is \$20, and a certificate will be received upon successful completion of the course.

♥ For questions, please contact Linda Bridges at [bridges\\_linda@swbell.net](mailto:bridges_linda@swbell.net)



## Why Learn CPR?

A brief overview of information you should know

- 70% Americans who don't know what to do during a Cardiac Event
- 10,000 Cardiac Events Annually
- Minutes after Cardiac Arrest when brain damage begins
- Minutes before Emergency Services Arrive After 9-1-1 call

So why not learn to save a life today?



# APRIL SPONSOR

Company name:

Keveney Evanne Holistic Awakening

Owner: Keveney Evanne Stroup Avila, J.D.

Telephone: (713) 364-2219

Email: [keveney@keveneyevanne.com](mailto:keveney@keveneyevanne.com)

Address: 6575 West Loop South, Suite 500, Bellaire, Texas 77401

Website: [www.keveneyevanne.com](http://www.keveneyevanne.com)

About:

Keveney Evanne Holistic Awakening is a place to reconnect to your intuitive healing power, discover your life purpose, experience true health and joy every day, manifest your dreams, and become the perfect, complete, and whole spiritual being that you truly are.

Bio:

A lifelong intuitive, Keveney grew up in central Pennsylvania and moved to Houston in 2007. Keveney merged her formal education and innate gifts of intuition and healing to grow spiritually and professionally and teach others to access their divine talents, co-create, and transform their lives. Her unique combination of intellect and intuition allows her to bring an innate polarity of thought to her work as a healer, intuitive, peacemaker, advocate, mediator, and coach that distinctly set her apart from other holistic practitioners.

Keveney has over fifteen years of education and experience as a healer, mediator, licensed attorney, spiritual and wellness coach, and HR professional. She holds undergraduate and advanced degrees in Politics, Peace & Conflict Studies, Mediation, and Law and has a variety of certifications and significant experience and training in holistic health, ThetaHealing®, astrology, yoga, essential oils, herbs, and more. Keveney is a Certified Holistic Health Coach and Registered ThetaHealing® Practitioner and has completed extensive coursework in Basic and Advanced DNA, Intuitive Anatomy, Manifesting & Abundance, and Soul Mates.

**Manifesting & Spiritual Coaching**  
MANIFEST YOUR DREAMS  
Discover practical techniques and exercises to assist you in manifesting your desires, clearing your mind, and creating abundance in all areas of your life. Upon request, we also offer ThetaHealing, the art of working with your mind to transform subconscious beliefs and feelings.

**CONNECT WITH ANGELS, SPIRIT GUIDES, AND UNDECEASED BEINGS**  
ThetaHealing, in connection with our helpers, cleared energies for you, share your progress to connect to spirit, and develop a personalized plan for you to receive your deepest spiritual messages with our intuitive messages directly from your guides. You will also learn how to work with the Archangels and when to call on your angels.

**THETAHEALING**  
Through "ThetaHealing," we use your body and challenge you to heal your deepest held beliefs, habits, patterns, and negative life stories. These beliefs, stories, and habits do not serve your best and highest good, and reprogram the subconscious with healthy patterns to assist the greatest realization that you desire and receive. Second to these stories, dreams and increasing progress.

**APOTHECARY**  
In this section, we will create your customized diet to assist your greatest strengths, identify areas for improvement, and develop signs that can lead you toward the health, career, relationships, love, and happiness you desire.

**Energy Healing**  
"ThetaHealing" is a revolutionary technique which utilizes a chain of energy codes and spiritual philosophy to address physical and emotional health and restore all that no longer serves you. Our focus is on a holistic mind paradigm for the mind, genetic, hormonal, and soul health. "ThetaHealing" reprograms the subconscious mind and creates and releases belief systems that block your path to wellness and lead to disease. By clearing limiting beliefs and dismantling limiting thoughts, a new holistic message is which you no longer experience health and wellbeing.

**CHAKRA BALANCING**  
The chakra system consists of chakras, healing crystals, and sound therapy to clear energetic blockages and restore balance allowing your body to heal naturally and naturally in response to your capabilities. Chakra balancing will also give you insight into your body. We will also discuss energetic cleansing and purification you can do at home or in our studio. Also, energetic energy and connect with your chakras.

**QUANTUM SOUND**  
Quantum Sound utilizes the Life Force Energy of the body to generate optimal wellness. Also known as sound healing or ThetaHealing, Life Force Energy is the flow of energy that creates all living beings. By listening, amplifying, and focusing this energy, we can release your, release restriction, balance energy, heal trauma, and release energetic toxins.

**Holistic Health Coaching & Apothecary**  
HEALTHY HEALTH COACHING  
We listen carefully and help you navigate the world of complementary medicine advice to determine what changes are necessary for you. Together we will create a personalized program to assist with eating and drinking, stress management, natural herbs, and improve relationships.

**HERBAL REMEDIES & HEALING SPICES**  
In this section, you will learn the science behind benefits of essential herbs and spices and create your own blend to healing you. Addressing energy and creating body treatments.

**PHYTAL OILS**  
Use a basic understanding of what you need to begin using essential oils, learn about the best, most essential oils and application methods, and how essential oils can assist you.

**WE LISTEN**  
In this section, you will learn the science behind benefits of essential herbs and spices and create your own blend to healing you. Addressing energy and creating body treatments.

**TEA THERAPY**  
In this section, the emphasis is on understanding and preparing the most potent of teas. You will gain a basic understanding of tea blends, how to brew tea properly, and how to use tea to improve your well-being, and discover simple ways to create a custom tea blend.



Recently TPGers engaged in R.A.D., Systems of Self Defense which offer programs for women, children, men and seniors. Their program offerings provide “a truly holistic approach to self defense education, supporting the necessity of continuous learning in order to provide realistic options for each population as they go through life.” Each program includes educational components comprised of lecture, discussion and physical resistive strategies. Our TPG members “got with the Program!”



**Rhonda**



**Trish**



**Cindy**



**Teresa**



**Cindy**



**Marlena Berger**  
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## Member On The MOVE

Congratulations to **SUSAN MISSIHA** of Better Homes & Gardens — Gary Greene Realtors for another outstanding year. As a result of all her dedication and hard work, she was recognized as a recipient of the prestigious **Better Homes & Gardens Gold Award** for her total production in 2016. Susan was also named as one of the **Top 10 Individual Producers** at her office for 2016 and was mentioned twice in the Houston Chronicle last week. If all that was not enough, she was highly honored and thrilled to earn the **Top Lister award** for her office. The Top Lister award is especially near and dear to her heart because it is the coveted award her mom, **Patti Bailey**, earned several times during her successful real estate career with the same company. Susan has been a full-time agent with Gary Greene Realtors for over 15 years. She hopes to have an even bigger and better year in 2017..... Stay tuned!



*Are You a Member On The Move? New job, new address, new husband, new outlook on life..... If you have news about yourself, your family, or your company, we would love to share it in the newsletter. Maybe you've recently received an award or been accepted to head a project; maybe you've had a grandchild or taken a fabulous trip. We want to get to know you better! Email Kim Jenkins at [kjenkins@bentransact.com](mailto:kjenkins@bentransact.com) to be included in upcoming newsletters!*



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## ***New Member Spotlight***

**MARIA COMACHO** is a member of the **Houston Marathon Hall of Fame** and is the woman who has completed the most Houston full marathons.

In 1995 **Pat Hogan-Korge** recruited Maria in Memorial Park to run for CanCare in their inaugural season in the marathon. She has run for CanCare every year since and raised hundreds of thousands dollars for cancer support. Maria has spent her career in the oil and gas industry and is currently spending time tutoring/mentoring in several programs to help underserved children in the Spring Branch area. Maria is a Katy resident and it is special to me that she drives a long way to have breakfast with us..



### ***Book Club Reading Selections:***

**April 22 - “The Black Widow” by Daniel Silva**

**May 27 - “Swimming Lessons” by Claire Fuller**

**June 24 - “Born A Crime” by Trevor Noah**

**July 22- “The Handmaid’s Tale” by Margaret Atwood**

**August 26 - “What Remains of Heaven” by C. S. Harris**

**September 23 - “The Spy” by Paulo Coelho**

**October 28 - “Midnight in the Garden of Good & Evil” by John Berendt**

#### **PLEASE NOTE:**

**Reading selections are subject to change.**

**Updates will be posted in Monday Announcements and in the Newsletter.**

**BARBARA STALEY**  
SALES ASSOCIATE

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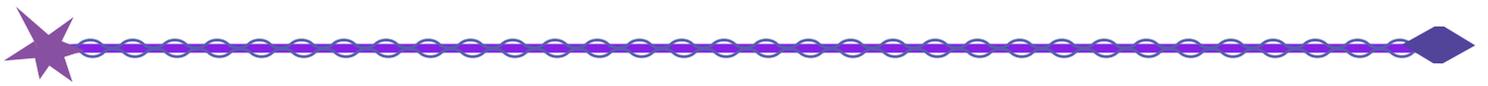
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# HAPPY APRIL BIRTHDAYS TO TPG MEMBERS!

- Jane C. Brennom                      April 3
- Deborah A. Korkmas                April 3
- Regina R. Williamson              April 4
- Susan C. Smith                      April 12
- Catherine S. Colby                 April 18
- Kathleen (Kate) T. Gabriele      April 24



Did we miss listing your birthday?  
 We really want to congratulate *you*.  
 We need your help in updating the TPG Website!



*Interested in advertising your business or services to fellow TPG members?*

There is space available for advertising in our monthly newsletter! Advertise your business for the low cost of **\$25** a month or reduce the cost further by paying **\$125**, in advance, for six months of advertising. The standard ad size is that of a business card. At no additional cost you may include a link to your website which will be printed below your business card ad. Not only are you able to network with fellow TPG members, your advertising dollars help to defray the cost of our newsletter and website.

If you are interested in exploring an ad in the monthly TPG Newsletter, please email: *Kim Jenkins, [kjenkins@bentransact.com](mailto:kjenkins@bentransact.com)*

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# Breakfast Reservation Form — Tuesday, April 4, 2017

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Coffee and Networking at 6:45 a.m. Buffet served promptly at 7:00 a.m.

Register for the breakfast online at [www.tpghouston.org](http://www.tpghouston.org) by **WEDNESDAY, MARCH 29, 2017** to receive the lowest price. The process is easy and very user friendly!

**Member fees: \$25. Guest fees: \$30.**

It is our policy that reservations for our monthly breakfast meeting be made no later than the Thursday before each meeting. Reservations must be received by the deadline to receive this pricing.

**Late reservations will incur an additional \$10 charge.**

**PLEASE NOTE:** Once you have registered, you owe the fee for the breakfast even if you do not attend.

Club Express Tips:

- You will receive two emails: an email confirmation of your reservation and a second email with confirmation of your online payment. If you do not receive two confirmations after registering online, please contact Cindy Jennings at [cjennings@carltonstaffing.com](mailto:cjennings@carltonstaffing.com)
- If you don't see the "Register" box, scroll to the right, or scroll down. If you cannot remember if you have registered, click on "Registrants" on the event page and you can see all who are registered.
- If you have trouble, change your browser. Close out and open Mozilla Firefox rather than Internet Explorer.

**NOTE: Online reservations end at midnight on THURSDAY, MARCH 30, 2017.** Make checks payable to The Professional Group. Your cancelled check serves as your receipt. CASH IS NOT ACCEPTED.

Reservations are not transferable to another member or guest and cannot be made by telephone. No reservation will be accepted after midnight, **THURSDAY, MARCH 30, 2017** without approval of the Meeting Coordinator, on a space available basis. To request approval after this deadline, email [cjennings@carltonstaffing.com](mailto:cjennings@carltonstaffing.com). A late fee of \$10.00 will be added to the base cost, IF space is available, and IF the reservation is accepted.

Reservation forms and checks should be mailed to:

Kaitlyn Sharp  
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